

Basic trust, the basis of inner and outer healing

15 November 2019

The address of God to man or through man takes place, like everything in creation, according to irrevocable spiritual laws. The different emphases and perspectives in the revelations result from the divine basic aspects of order, will, wisdom, seriousness, patience, love and mercy, according to the spiritual mentality of the one who receives the word of revelation. In and above all, however, love acts as the bearer of all revelations, without which a true word of God is not possible.

Divine Revelation

Sons and Daughters of My Love, I am anchoring something in your human consciousness that your spirit and soul have known for ages: That you are creatures of heaven, even if you identify yourselves again and again with your exterior, your body! Of course you live on the material plane, and there is a good reason for this, but your earthly sojourn is only temporary!

Your true home is with Me and the longing that I have placed deep within you, makes sure that you can never really forget who you are and where you come from. And this longing is also the guarantor that My Love, resembling a magnet of unsurpassable strength, will bring you back to Me. All without exception! This is due to My divine Will and My omnipotence, which has no equal.

Most of My human children lack the consciousness to be a spiritual being. That is why I - especially in the last centuries and quite purposefully in the last decades - have let faithful messengers, seers, prophets and spiritual teachers and leaders flow much information into your world through Me. They all built on the enlightenments and teachings that I Myself brought to humanity through Jesus of Nazareth, and thus fulfilled My promise that I would proclaim more to you. (1)

I kept My word. But the forces of the opposite side were not idle. They made use, as has been revealed many times before, in the most diverse ways of decisive places of human weaknesses and thus influenced the faultless transmission of My Love-teaching, which is absolutely coherent in itself and founded in My Law. The consequence of this was that only very few people still know about the meaning of their existence on earth and also not about the law of cause and effect, which determines the well-being and woe of your life on earth with an essential part.

The effects of this intervention can be seen in the fact that the questions about "Where from, Why and Where to" cannot be answered satisfactorily. Thus uncertainty, doubt and often indifference have spread, combined with ideas that have little to do with Me, a loving God and Father.

Knowledge of your origins and your true nature, of the path ahead and the goal you are striving for is almost non-existent. What is believed today in many religions and cultures is a distorted picture of My being and working. It can only serve as "food for the journey" if it forms the basis for independent and self-responsible thinking and acting in the sense of

love for God and neighbour. Ignorance, intended and promoted by darkness, has the world firmly in its grip.

However, ignorance leads to misjudgements and wrong reactions, which is entirely to the liking of the negative forces. They profit from this, and this ignorance keeps you - figuratively speaking - stuck in your place; and this, despite that most of you have resolved for this incarnation to advance and to learn more about My love and to live it through an honest effort.

I have taught you again and again that a life on earth is like attending a school where something is to be learned. This is one of the main reasons for incarnation, although there are many other reasons. The curriculum includes a subject called "Trust". It is a sub-subject of "love" and therefore inseparable from love. And although everyone longs to have confidence and to live it in their everyday situations, it places high to highest demands on the student. It sets tasks that are not easy to master and whose mastery requires knowledge and the desire to practice again and again if one really wants to learn successfully.

Without knowledge, however, in most cases the willingness to engage in the learning process is lacking; and without this willingness, no experience can be made of what trust means and brings about. Then there is often a lack of a stable basis for a happy and fulfilled life that is largely free of fear, pressure and wrong objectives.

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When a soul prepares to incarnate, it usually knows more or less what to expect; it at least knows when it includes the recommendations of its guardian angel in its decision. In any case, your decision will be voluntary. In the time of weighing and planning before incarnation, however, some things appear in a different light than they subsequently present themselves in the hard reality of life on earth, for the soul has entered the domain of darkness with its incarnation. It has thus said 'yes' to what awaits it in the earthly as a learning task, in the form of relationships and encounters with people and through situations that often have a karmic background.

That is where it can mature, it therefore enters life. Much of it man cannot classify, because he does not understand it. He believes, because he does not know the deep meaning of My law of sowing and reaping, to have to apply his own small human law to create "justice" and restore an apparent balance. He has often lost confidence in My justice, if he possessed it at all.

What his soul can never lose, however, is the basic trust that has been inherent in it since eternity. **To rebuild this trust is one of its incarnation-tasks.** Only then will it find its way, because then it more and more leaves the guidance up to Me in the knowledge: "Everything is good, because my heavenly Father holds the reins in his hand".

For no one can - without losing logic - say and believe at the same time that I Am Love and everything in My creation is orderly and without error, but that what life presents to him does not correspond to My Will and therefore is to be rejected! Because of your free will, you naturally have the right to question the corners and edges of your path of life. This does not change anything in My love for you because it is not oriented to your behaviour. **It is** - and it remains unconditional.

You reject - if you are honest - learning tasks because what life presents to you, does not meet your expectations. It often becomes doubly difficult when your prayers and requests are directed towards a final result, a "success" as you would wish it to be. When then My law in its wisdom introduces another solution, your trust often melts like ice in the sun.

And yet all that happens in your personal life and in your world is exclusively supported by My love and mercy, even if the law of cause and effect dictates the processes! Because I always have the spiritual and physical well-being of My children in mind, whereby the salvation of the soul is in the foreground. For when it enters the world in the beyond, your body remains behind.

Therefore, if something does not correspond to your "taste", it is always worth asking what reasons there may be what still block the resolution of difficulties in the moment. There must be these blockages, otherwise My Energy could flow unhindered through, enliven and order everything, even if such a process of restoration does not always take place immediately, or to the extent that you wish it to take place.

It is often hidden feelings of **guilt**, or the emotion about My demands - which I do not give you at all! - or there is still **unforgiveness** smouldering in the underground, which you are not aware of; or they are **fears** that prevent a soul- or physical healing-process or the resolution of difficulties and conflicts. It is precisely the weapon of fear that darkness prefers to use, knowing that it has a means in its hands to stagnate My children in their development.

It is their fear that you overcome your fears and find a trust that can hardly be shaken by anything and finally by nothing, because it has its roots in the knowledge: "My father loves me the way I am! What He has planned for me, is good for me. I trust him blindly".

To make a turn and devotion to Me based on heart and mind more difficult - or to prevent it, the opposite side has unreconizably changed, through appropriate influence, the law from sowing and reaping and thus also presented the fact of repeated earthly life as a false doctrine. Thus I appear in the eyes of most people as a God whose action or non-action cannot be comprehended. How can a childlike trust in a higher power be built up without any problems, which apparently distributes its gifts arbitrarily and unjustly?

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if you ask Me to help you in the search for causes that are responsible for the fact that your life has not yet reached the desired life-affirming harmony, I will give you impulses and hints; and I will also make sure that you are alert at the right moment, if this is indeed your desire. It is all too often the case that you want to get out of an awkward situation or get rid of a character trait that comes to light over and over again, but that you are not really willing to give up the often questionable benefit that you get out of it despite everything.

How shall My Law that knows your most secret feelings and therefore knows what you really want, react to it? Although you are often not aware of your motives, but an honest exploration, in which I stand by your side, would help you to gain knowledge. Then it would gradually become a lived knowledge that there is no reason at all not to trust Me, because the reasons for what makes you worried, restless or dissatisfied, are to be sought in yourselves and have nothing to do with Me.

From the first moment of your spiritual existence until eternity, each one of you is a child of love, a love that is infinitely benevolent and forgiving and that does everything to restore heavenly unity. Because I Am the one who created everything and who lives in everything, I also have the ability to arrange everything in such a way that it leads to a good end.

I Am, as I have told you repeatedly, the great navigator. And in retrospect you often say: "It is good that it has happened this way". To have this inner attitude not only afterwards, but already in the emergence of the situation, is a high art, which carries the name "trust". I will teach you if you want Me to.

Even if it is not always easy, My words may be a comfort and support for you: no one is ever alone. Apart from the fact that I live in everyone and each one carries My supporting Christ-power in himself, each one has spiritual guides and helpers by his side.

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A life in the harmony of the eternal home makes no demands on a spiritual being which it cannot do justice to. For every perfect creature of the heavens has developed My divine qualities in itself: from order to will, wisdom, earnestness, love and patience, to mercy.

It's different on Earth. Although man also carries within himself, deep in his true essence, all these qualities, but his still more or less heavily burdened soul - the "link" between the material, human and the eternally divine, spiritual being - has an uninterrupted effect on his behaviour. Therefore the divine sovereignty in him does not yet have the say over his actions.

The disastrous combination of ignorance and human weakness leads to the fact that man does not recognize what the school of life presents to him, as learning tasks. Even if he believes in Me - and you yourself know what a broad spectrum the word "believe" is - he often finds it very difficult to immediately recognize what is happening to him as good and right.

In addition, I personally am not the one who refuses or allocates something; like someone who decides on the basis of his judicial authority who gets what and who does not. This widespread, false assumption could arise because you interpret the concept of "Father", who I as Creator of all My children also Am, too narrowly. I gave mankind at that time the image of the loving Father, because they could not understand anything else because of their still not further developed consciousness. And with it I built up a counterpole to the ideas of the strict judge-God, as I am presented in the Old Testament of your Scripture.

But I Am Far More Than Your Father - I Am Everything! I Am the Source, the Great Spirit, the Primordial Substance, the sacred life in every spiritual and material atom, the eternal light of infinity, the all-embracing and nurturing Mother, the Law, Love, Goodness and infinitely much more. Because it is impossible for anyone to grasp Me in My infinity and greatness, the words **I Am** stand for the indescribable. And you, My child? *You have come forth* from My Love.

The presumption of being the source out of itself, was the cause of the Fall. As before, this lie is brought into your world by the masters, the vassals of dark intelligence, through the so-called channeling (2), with the clever pun "If all are a part of God, then logically the totality of the parts is God. So be what you are: God." In many people these esoteric falsehoods meet open ears, especially when humility is still underdeveloped. But still in

this mindset of powerful greatness and strength, it is not yet simple, to, full of gratitude accept the *childhood* of God in love.

My creation is governed by My law, with the foundation of My selfless and unconditional love. In this law lives everything that is! In this law is laid down what is necessary for a smooth and flawless evolution which will never end and which encompasses all that I have created and will create for all eternity.

You are also involved in this lawful order, which aims to make you again the greatness, glory and above all the love, that you still are within you. Every moment of your life as a human being on earth and as a soul in the realms beyond, carries a great potential for development and thus offers you the opportunity to take the next necessary step towards maturity on your path to perfection.

My justice is a part of My lawfulness. It ensures that no-one ever meets anything that has nothing to do with him in any way. Most of you have long since realized that so-called coincidence does not exist, that it cannot exist, because nothing can be built on arbitrariness, disorder and chaos. If you interpret chance in such a way that something relates to you, then you are close to the truth.

Who gave you something - good or less good - if it was not Me, because of a personal decision? The answer is obvious: The two regulatory factors of My Law "***Like attracts like and interacts with each other***" and "***Unequal things repels and does not exert any mutual influence***", ensures that justice is served. However, this does not rule out the possibility that you may nevertheless encounter ailments and be confronted with discomfort and pain, which - metaphorically speaking - represent the price that must inevitably be paid for an incarnation in the midst of imperfection.

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Trust, I once told you, represents the sum of the experiences man has made with Me. These can only be good experiences that build, encourage and provide security; for bad experiences is impossible with unconditional love.

How do you go about strengthening your trust, if that is your desire? First, to bring you closer to the nearness of Heaven and to its "work", which is adapted to each individual: Your "I am ready" is enough to set in motion in My Law, a wheelwork specially tailored to each one. Your desire sets something in motion, not sometime or anywhere, but immediately within you and around you.

On the one hand, the knowledge that I impart to you, among other things, with this Revelation, will help you in your intention of strengthening confidence; and on the other hand, your good will and courage are required to engage you in the adventure with Me to a greater extent than before. Developing trust is not a theoretical abstraction that can be acquired through study. Trust develops in everyday life. It builds up step by step through small and eventually growing tasks. It grows by allowing yourselves to surrender to Me situations that you previously tried to solve in your own will. This includes the right inner attitude, which recognizes and addresses Me as the "solver of all problems", but which also sees and does its own part.

To simply hand something over to Me in the hope that I will be able to handle it all is the wrong way. Putting one thing trustingly into My hands means largely freeing yourself from

fears and worries - eliminating the so-called "head cinema", which has constant repetitions in the programme - but at the same time having the will and the willingness to actively cooperate in oneself and in solving the problem within the framework in which this is possible.

So is it right and useful simply to pray: "I have great confidence in You, Father, that You will take care of all this"? My beloved, there is a trap lurking here which I cannot make sufficiently clear to you. On the one hand, in such cases the necessary own effort is rarely seen, on the other hand an expectation is built up, which can then lead to disappointment and a loss of confidence, or becomes so if what is secretly hoped for, does not happen in the way it is imagined - because *My Law cannot fulfil this request at all*, because there are still some disorderly and unfinished things standing in the way, which need to be looked at and worked on beforehand.

I know about the fervent prayer - which is completely understandable from a human point of view - which ends with everything going well. There is absolutely nothing against coming to Me with this wish. I will never reject a child when such a pleading rises and because of his aching heart. It may only be that I - in the interest of the soul that I want to draw closer to Me - have provided another way for man.

Those who strive for a growing trust, may try to give their petitions and prayers a different, childlike and trusting character, which may be reflected, for example, in the words: "Whatever comes out of Your hand, Father, I will accept as an expression of Your love, as best I can, because it is good and right. I thank You for everything".

Even if tears should flow with these words because man is just still man, you still give yourselves with it, full of trust in My care. You grasp the hands of love, which at the same time is mercy and radiates infinite goodness, and which has abilities that exceed your imagination.

This is the beginning of a deep, intimate confidence that can no longer be shaken by anything or anyone. Whether your willingness, often expressed in words, to put your will aside and let My Will happen, actually springs from a humble and devotional heart and is not only spoken as a saying, can only be decided by you yourselves.

My sons and daughters, I have led you deeply into an important subject. As you move My Words within you, you will come to realize that more and more growing trust is the best guarantee that much that comes to you from the outside, will have less and less influence on you. The one who lives in the trust to be guided by Me safely and full of love, is no longer subject to the earlier pressure, fears, guilt feelings and doubts that all cause stress and therefore tensions and disturbances in the body; and which harm the soul by keeping it "small," even though it longs to unfold its wings in order to be able to strive freely towards the light.

Come to freedom. Your trust is the key to opening the door to the only country that not only promises unlimited possibilities, but also holds them for anyone who trusts.

Amen

(1) I still have much to say to you, but you cannot bear it now. But when the Spirit of truth will come, he will guide you into all truth. (John 16:12 -13)

(2) Channeling comes from the English language and means in the mentioned context, to open a channel into the spiritual world in order to get in contact with beings from the hereafter. This is strongly discouraged because one never knows who is actually "at the other end of the spiritual telephone" and what their intentions are. The only one who cannot be channelled is God or Christ. For He lives in man, so He cannot be reached through a channel that is opened to the "outside".