

Results happen in everyday life

29 March 2019

The address of God to man or through man takes place, like everything in creation, according to irrevocable spiritual laws. The different emphases and perspectives in the revelations result from the divine basic aspects of order, will, wisdom, seriousness, patience, love and mercy, according to the spiritual mentality of the one who receives the word of revelation. In and above all, however, love acts as the bearer of all revelations, without which a true word of God is not possible.

Time and again people are asked what is meant by following Jesus Christ in everyday life. How to be connected with God and to stay connected when so much pours into you every day; when the work has to be done; when the daily events require our full attention.

Then it is said analogously:

"Should I think of God all day long? What is meant by loving everyone? How is it to be understood that God should be seen in all and everything? Is it possible to do this when one is constantly challenged at work, at home, in the family, etc.? Should I meditate several times a day? How can I do justice to such high demands? As a human being, am I not overwhelmed with my mistakes and shortcomings? Is it not too much to ask if I should take Jesus and his life as an example to myself? What rules do I have to follow? Is it really enough to make an effort? And, and, and ..."

We all know such questions, which often even become doubts, whether it makes sense to go this way at all, if one is confronted again and again with one's 'failure', and the work and restlessness and activities have once again overrun you - even though you are of good will. In addition, there is the fact that different things are taught from different sides as necessary, correct and to be fulfilled, because otherwise the hoped-for success would fail to materialize. Anyone who is not yet sure, who perhaps still adheres to this or that opinion or even approaches the matter with worries or fears, whether or not he does everything right, runs the risk of stagnating because of nothing but "I don't want to make any mistakes".

But the way to God is not such a complicated thing. This only often appears to be the case, because so many false ideas have taken root in our minds about what we have to do and not do; and because the completely uncomplicated path that everyone in the world can take, was hardly known to us until now, except in theory. This does not mean that the implementation of "love - and nothing else" is always easy. Maybe that's why we don't like to do it so much, and we'd rather accept external regulations and instructions that we think are easier to fulfill than practicing Inner Work.

The answer to these questions - especially since it comes from the Source of all life - will be understandable to all honest seekers.

Divine Revelation

My beloved brothers and sisters, I speak to you as your God, as the eternal Spirit of Love who incarnated in Jesus of Nazareth and thus became your brother and man as well, as you live on earth at present as men.

I remind you that you are spirit and that you wear your human veil only temporarily. The spirit in you - My spirit and at the same time your eternal life - is love! It is highest consciousness, even if this is still incomprehensible for you. He is from Me; he has never really separated from Me, although this also seems so in the external at the moment. The bond between Me and you is inseparable. That is why I will not lose you, no matter what others teach you. One end of the bond is anchored in Me, the other in the depth of your soul.

You are Mine, you remain Mine and you will immerse yourself again in the infinite sea of eternal harmony and all-embracing life in which you had and will have your place.

The bond that unites us consists - unimaginable to you - of pure love-energy. You can compare it, even if it is a completely inadequate picture, with a safety line that connects someone who enters unknown territory with his helpers. It is the guarantor that he will find his way back.

Some of you know the word "He who wants to enter heaven again must carry heaven within himself", which means: He must become love again, because heaven is love. Here, as in all creation, the law applies that the same attracts the same.

When something is out of balance, balance must be restored. Disharmony must become harmony again. That is the law. It ensures that everything comes back to Me.

What has fallen out of love, must become love again. That is a simple and understandable principle. When this is accomplished, then everything is again in unity. All men and souls are on the way to again dive into unity and to remain in it for eternity.

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I'll give you a picture: If you have drunk too little, it is no use to eat too much to restore balance. Even too little sleep cannot be compensated for by excessive exercise, just as generosity is no substitute for unfriendliness and selfishness.

Therefore, a greater capacity for love is achieved only **through unselfishly lived love in everyday life** and not through techniques, accumulation of knowledge, study, rites, ceremonies, retreat from the world, and much more; therefore each one of you is incarnated, and therefore lives in exactly the circumstances and with the people who currently determine his existence.

So love is all that is needed to make your soul-power grow. It expresses itself in many ways in its selfless way in daily life, first of all through a loving attitude towards your neighbour, which is the basis for your love for Me. It is not possible to be indifferent or rejecting towards one's neighbour and at the same time to love Me, because I also live in your neighbour.

Nothing else have I taught and lived as Jesus of Nazareth.

But what does this mean for man? How can he put this into practice?

First of all it is important for you to realize that following Me, if you strive for it, happens in your everyday life and that your neighbour is your most important helper; for without him you cannot learn anything. He is your mirror, and if you could already consciously go through your day, you would recognise so many mirrors that it would be difficult for you to register everything, to pay attention to it and to draw the necessary conclusions for you and your behaviour from it.

But that is not even necessary. You would be overwhelmed and would soon give up your inner work. The many spiritual helpers who stand by you on My behalf know about the right "dose". They lead you to the people and into the situations that represent a small or large learning task for you. But one of the problems is that you are completely somewhere else with your thoughts and with your doing, that you do not recognise that here and now, you are challenged to be attentive and to react correctly, that is in the sense of love.

It is not that you do not know how to act. The commandment of love for God and neighbour is known throughout the world. It is something else: your everyday life does not let you be vigilant enough; not least, the many distractions to which you are constantly exposed contribute to this, and often enough also your unwillingness to "again" deal with yourself and your neighbour.

If you want to change this, then the day consciously begins with Me. Ask Me to draw your attention to the events that can be of importance to you, in which you can put into practice your resolution "love - and nothing else". I will help you to be mindful; and if it is only a short impulse that reminds you with a little "respect" to consider how to act rightly and perhaps differently than in the past.

Another problem is that many of you think it must be something great, new and special to do when it comes to My Discipleship. They think it would be simply too little to "only" love! They imagine something else, something that they would have to do externally, or that they would have to acquire in order to do justice to the high demands that I do not place on them at all.

Just love?

Yes, My brother, My sister, just love! For it is a matter of balancing the "love" account again and replenishing the page that shows a minus.

If this seems too little to you, then go into yourself in a quiet hour and move the question in yourself, what it means to love. When you then recognise with My help the great spectrum of selfless love and following Me, then you will also understand that the principle is indeed quite simple - so simple that every step can be followed by the next, if you have the will to do so - but that the implementation has its pitfalls, but at any rate, it is not quite as problem-free as it appears to many at first sight. Because most of you still have no right idea of what it means to love as I have taught, which incidentally also includes love for yourself.

Life offers you uninterrupted opportunity to practice love, because usually that is exactly why you are incarnated: You want to learn something that you have not yet mastered to the desired extent. Life - you also aptly call it "earth school" - presents you every day with something to learn that is brought about, or permitted by My Law. For it is My desire and will, as well as that of your soul, that you mature inwardly and become strong.

To that, which you could pay a little more attention to in the future - as just one example of many - also belong your thoughts and the underlying feelings. Perhaps the question arises in you what your thoughts and feelings have to do with the implementation of My commandment of love. Much more than you think, because your words and actions emerge from them.

You still manage too rarely to see your fellow men "neutrally", that is, without it coming immediately to a mostly unwanted classification, evaluation, judgement or perhaps even to a condemnation by you. Very few think about the fact that there is already a loveless, often derogatory behaviour here - strictly speaking a violation of the commandment of love. How often does this happen to you? If you include all your conversations during the course of the day, the events in traffic, the encounters during a shopping trip, the negative news in the newspapers and on TV, difficult situations at work or in the family and much more, then a lot comes together.

Surely there are worse things than thinking negatively or getting excited every now and then. It is not about that, but about developing a sense of how many opportunities the day offers to observe oneself in order to then determine: 'Here I could practice to improve something'.

This was just an example. There would be countless more that you can find yourself, if this is important to you. There is a wide spectrum of non-observance of the Love-Commandment. Just a small hint: carelessness is as much a part of it as disorder, not being able to let go, envy and jealousy, lack of trust, selfish behaviour, power-games, lack of repentance and infinitely much more; not to forget the retribution and not being able or willing to forgive.

Some things are directed against your neighbour, some things against yourself, because you do not yet love yourself enough; but always a loveless behaviour leaves traces in your soul and often also in your body.

All this and more falls under the commandment of love for God and neighbour, under love - and nothing else. And without that you are to become discouraged immediately because I Am at your side as the love that strengthens you: It also belongs to this to deal with oneself, to look for the motives for one's own behaviour, to make decisions and to fight in the correctly understood sense. And to stand up when you have fallen, when you have to, over and over again! I'll help you with that. Only when you decide to stay lying down are My hands tied because I respect your free will.

One or the other among you will be surprised about the wide space that the simple commandment of My love, takes up. When you go to work on yourself in this way with Me, you will find on the one hand that it is not possible without mindfulness and practice, and on the other hand that no other technique and effort is needed, because the inner work will fill you, sometimes perhaps more than you like at the moment, or you are ready to do.

And if you still think you have to make a sacrifice to Me because "only" to love does not seem sufficient to you, then gradually sacrifice your all too human ideas and desires to Me; but do not do this in fanaticism or out of fear of not satisfying Me otherwise. I love you as well – just like you are at the moment.

But I want to help you to become again what you have been for ages, so that you may have it easier on your earthly journey, which is heavy enough anyway.

That, My beloved brothers and sisters, is the way. There is no other. It is a simple principle because I have come for all people, no matter what race or culture they belong to at the moment. Everyone must be able to walk it, otherwise I would not be justice.

If it still seems too little demanding to you and ask too little of you, then I say to you with a smile: Try it out. I'm in.

Amen